

Adolescent Form

Name: _____

Below is a list of experiences or events. Put an "X" next to the items that have happened to you within the past 12 months.

1. _____ An important friend moved away.
2. _____ You changed schools.
3. _____ Your parents argued or fought with each other.
4. _____ One or both of your parents got remarried.
5. _____ Your parents got divorced or separated.
6. _____ There were serious money problems at home.
7. _____ A family member had a serious accident or illness that worried you.
8. _____ Someone in your family had a drinking or drug problem.
9. _____ You started earning your own money.
10. _____ You feared that someone might physically hurt you.
11. _____ You feared that someone might make sexual advances towards you.
12. _____ A brother or sister was born or adopted into your family.
13. _____ You found a new group of friends.
14. _____ You broke up with someone you were dating on a regular basis.
15. _____ (For girls) You became pregnant or gave birth to a child or did not complete a pregnancy.
16. _____ (For boys) Your girlfriend became pregnant.
17. _____ You moved to a new home or neighborhood.
18. _____ You got poor grades in school.
19. _____ You had problems at work or school.
20. _____ You had a serious accident or illness.
21. _____ You started dating regularly.
22. _____ You had sex for the first time.

23. _____ You got in trouble with the law.
24. _____ You were expelled or suspended from school.
25. _____ You gained a lot of weight.
26. _____ You had a sexual experience with someone of your own sex.
27. _____ A close friend died.
28. _____ You thought about hurting or killing yourself.
29. _____ You had trouble with a brother or sister.
30. _____ Your mother or father lost a job.
31. _____ A brother or sister moved out.
32. _____ You had trouble with a school teacher.
33. _____ Someone in your family died.
34. _____ You were bothered by a lack of affection and kindness toward you by one or both of your parents.
35. _____ You were placed in a new living situation, for example, in a foster home, residential setting, or institution.
36. _____ A close friend became seriously ill or had serious medical problems.
37. _____ You stole something valuable.
38. _____ One or both of your parents changed jobs.
39. _____ You ran away from home.
40. _____ You have been a victim of a crime.